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**NON-FICTION**

# INTRINSIC: How We Can Reignite our Inner Drive in a Rewards Obsessed World

Sharath Jeevan



**UK Publisher:** Endeavour  
(Hachette)

**UK Editor:** Claudia Connal

**Pub date:** Spring 2021

**Extent:** tbc

We live in an extrinsic world. It's all about rewards and incentives, economists tell us. Money, status and power are what make the world go around.

But what if we learned that motivation theory tells us this is far from true? Money, rewards and status can often stop us from feeling demotivated, but they rarely make us feel truly happy, motivated or fulfilled. Instead, intrinsic motivation is all about reigniting in our lives the sense of Autonomy (that you can change something), Mastery (that you can improve), and Purpose (that you feel connected to something bigger than yourself).

In *Intrinsic*, Sharath Jeevan takes a global perspective to find practical, nuanced and inspirational answers to this question of how we can find intrinsic motivation in five key areas of our lives - work, relationships, parenting, talent development and leadership.

And the good news, *Intrinsic* argues, is that the force of global trends mean there really is no better time than now to tackle this. It should no longer be a question of *if* we make the journey, but practically *how*. And in doing so we *can* live intrinsic lives - lives we are in love with. Lives that we, and those closest to us, are proud of. Lives truly worth living.

**SHARATH JEEVAN** is a global pioneer and expert in this new field of intrinsic motivation and in 2012 founded STIR Education - the first organisation in international development to focus uniquely on intrinsic motivation. His work has been featured in *The New York Times*, *The Economist*, *National Public Radio*, *The Hindustan Times* and *The Times of India*. He has a BA/MA Economics with First Class Honours, Cambridge University, Honorary Doctorate of Laws from Roehampton University and an MBA with Distinction from INSEAD.

# THE CBD BIBLE: Cannabis and the Wellness Revolution that will Change Your Life

Dr Dani Gordon



We are in the middle of a global medical revolution regarding the cannabis plant and its uses. There are countless stories about the medicinal benefits of medical cannabis, and heartbreaking court cases with, for example, parents desperate to administer it to their severely epileptic children. At the same time as medical cannabis has gained notice for treating serious illnesses when drugs fail, CBD oil has become incredibly popular as a wellness product, with hundreds of brands flying off the high street shelves.

**UK Publisher:** Orion Spring

**UK Editor:** Pippa Wright

**Pub Date:** June 2020

**Extent:** tbc

**Rights Sold:**

Canada: HarperCollins

Poland: Kobieca

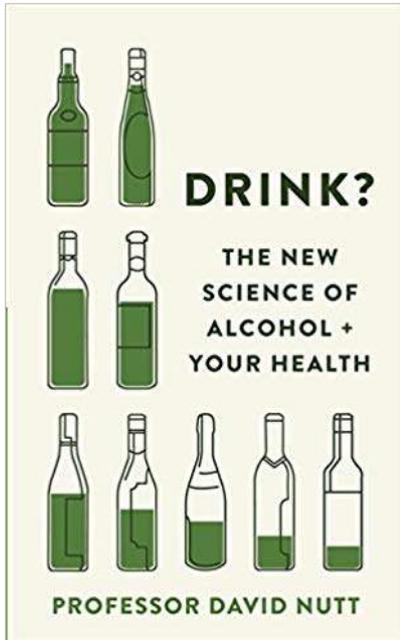
However, there is still mistrust and confusion around the plant, what it can do and how to make use of it for both wellness, self-care and treating medical conditions. What about recreational use? What about the potential social and cultural impacts of a plant at a time when alcohol consumption is declining? What about psychosis, addiction? What is the difference between CBD and THC? What is the difference between 'hemp' and 'cannabis?' What is the difference between over the counter CBD oils and medical cannabis oils? What is the science? Does it actually work, and what for? Many of us are completely confused, even most doctors never mind non-scientists.

In this much-needed book, medical doctor and internationally recognised expert in CBD, cannabis and natural medicine, Dr. Dani Gordon will take readers on an entertaining and enlightening journey about this intriguing plant and how it works. She will cut through the noise, dispel the myths, and introduce us to the fascinating endocannabinoid system in our bodies.

**DR DANI GORDON** is a practising GP and a qualified complementary therapist and spent many years studying Indian and Chinese medicine. She is advising 10 Downing Street and the Health Secretary on cannabis, and is the Vice Chair of the Medical Cannabis Clinicians Society, the leading body in this field. She has been featured widely in the media, including on BBC radio and in the *Sunday Times*, *Metro* and *Glamour*.

## DRINK? The New Science of Alcohol & Your Health

Professor David Nutt



**UK Publisher:** Hodder (World English)

**UK Editor:** Lauren Whelan

**Pub Date:** January 2020

**Extent:** tbc

***Drink?* is definitive guide to alcohol, science and our health by a world-renowned, leading authority, Professor David Nutt.**

Professor of Neuropsychopharmacology David Nutt breaks down the science and effect of alcohol on our health, mood, sleep, productivity, how it travels through our bodies and brains - and explains on a practical level how we can make changes to positively impact our relationship with it and understanding of it; thereby improving our quality of life for the long-term.

He will examine what the future holds for this normalised drug that governs our society and lives but is becoming increasingly unpopular due to its detrimental impact on our wellbeing. *Drink* will do what Matthew Walker did for *Sleep* and Giulia Enders did for our *Gut* - and help us make informed choices, at the very least. David will illuminate our minds on this important and timely subject.

**DAVID NUTT** is Professor of Neuropsychopharmacology and director of the Neuropsychopharmacology Unit in the Division of Brain Sciences at Imperial College, London. He is currently Chair of DrugScience and President of the European Brain Council. In addition, he is a Fellow of the Royal Colleges of Physicians and of Psychiatrists and a Fellow of the Academy of Medical Sciences. He is also the UK Director of the European Certificate and Masters in Affective Disorders Courses and a member of the International Centre for Science in Drug Policy. He has edited the Journal of Psychopharmacology for over two decades and acts as the psychiatry drugs advisor to the British National Formulary. He has published multiple academic books on aspects of the brain, and lectures all over the world. He is the author of the popular book *Drugs: Without The Hot Air*

## THE MIRACLE PILL: Why a Sedentary World is Getting it All Wrong

Peter Walker



**In this groundbreaking book, Peter Walker shows why everything we think we know about exercise is probably wrong.**

We are bombarded with images of fitness and sport, everything from the sculpted torsos on reality TV shows to stories about cycle races and ultra-marathons. But at the same time, four in ten adults around the world are so sedentary they don't meet even the minimum recommended levels for movement. What's going on?

**UK Publisher:** S&S (World English)

**UK Editor:** Fritha Saunders

**Pub Date:** January 2021

**Extent:** tbc

**Rights sold:**

China: United Sky

The answer is simple: activity became exercise. What for centuries was universal and everyday has become the fetishised pursuit of a minority, whether the superhuman feats of elite athletes, or a chore slotted into busy schedules. 1.5 billion people around the world are so inactive they are at greater risk of everything from heart disease to diabetes, cancer, arthritis and depression, even dementia. Sedentary living is causing a pandemic of chronic ill health. Scientists call activity 'The Miracle Pill' - if you could turn incidental daily movement into a drug, it would be the most valuable pill in the world.

How did we get here? Daily, constant exertion was an integral part of humanity for millennia, but in just a few decades movement was virtually designed out of people's lives through transformed workplaces, the dominance of the car, and a built environment which encourages people to be static.

This book is a chronicle of this very modern catastrophe, and the story of the people trying to turn it around. But it also offers readers an empowering individual template for change - as well as a wake-up call that their lifestyle might not be quite as healthy as they believe.

**PETER WALKER** is Political Editor of *The Guardian*, and a well-known commentator and broadcaster on issues including politics, active living and health. He travels to conferences on public health policy all over the globe, and is the author of *Bike Nation: How Cycling Can Save the World* (Yellow Jersey)

**THE UNEXPECTED JOY OF THE ORDINARY**

Catherine Gray



**UK Publisher:** Aster Books/  
Hachette (World English)

**UK Editor:** Stephanie Jackson

**Extent:** 272

**Pub date:** December 2019

**From the Sunday Times Bestselling Author**

Ordinary. Average. Normal.

The everyday is the wall-to-wall humdrum we seek to upgrade, like a fifties carpet we long to replace.

More money. A bigger house. A better body. An upgraded career. The ultimate relationship. A highly inconvenient psychological phenomenon called 'the hedonic treadmill' has us eternally questing for more.

Catherine Gray was a grandmaster in eye-rolling the ordinary, and the art of everlasting reaching. Until the daemon of depression made her re-think everything.

Knitting together personal storytelling and illuminating science, this book probes great minds in neuroscience and psychology. It explodes 'extraordinary-seeking' myths such as big bucks means big happiness, expensive weddings predict future happiness, high intensity exercise is the best kind, and the workaday is less important than the showreel.

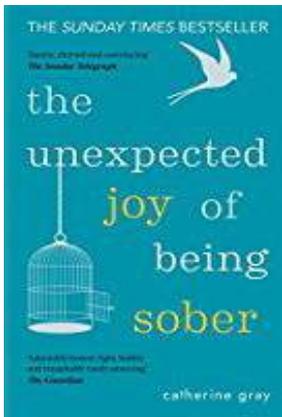
This soulful, hilarious and life-affirming book is a manifesto on how to outwit the hedonic treadmill and retrain our negatively-biased brains.

But most of all, it's a love letter to an average life beautifully lived. Because maybe, just maybe, an ordinary life is the most satisfying one of all.

**CATHERINE GRAY** is an award-winning writer and editor who worked for magazines such as *Cosmopolitan*, *GLAMOUR* and *Fabulous*, for nearly a decade. She went freelance in 2011 and works for *Stylist*, *The Telegraph*, *Marie Claire*, *Stella*, *The Guardian*, *Women's Health*, *BBC Earth*, *Mr & Mrs Smith* and *YOU* magazine. She is the founder of Sober Spring.

## Catherine Gray

THE SUNDAY TIMES BESTSELLING AUTHOR WITH OVER 120,000 COPIES SOLD



### PRAISE FOR CATHERINE GRAY'S WRITING:

'Uplifting and inspiring' *The Evening Standard*

"Jaunty, shrewd and convincing." *The Telegraph*

"Admirably honest, light, bubbly and remarkably rarely annoying."

*The Guardian*

"Truthful, modern and real." *Stylist*

"Brave, witty and brilliantly written." *Marie Claire*

"An empathetic, warm and hilarious tale from a hugely likeable human" *The Lancet Psychiatry*

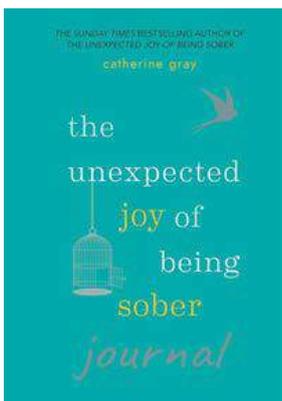
### THE UNEXPECTED JOY OF BEING SOBER (Jan 2018)

World English: Aster Books (Hachette)

French: Editions L'Opportune

German: Riva

Poland: Proszyski



### THE UNEXPECTED JOY OF BEING SOBER - JOURNAL (Jan 2019)

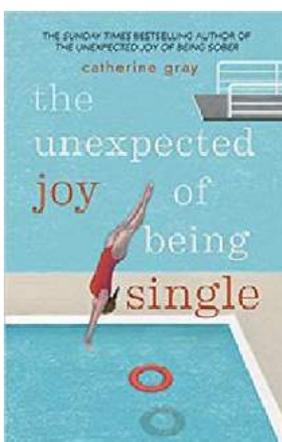
World English: Aster Books (Hachette)

### THE UNEXPECTED JOY OF BEING SINGLE (Jan 2019)

World English: Aster Books (Hachette)

Russian: Eksmo

Poland: Proszyski



Catherine Gray's books have captured the public's imagination with their humour, practicality, warmth, honesty and research, as she rebrands topics we think of as negative, and shows us how to fill our lives with joy.

**CATHERINE GRAY** is an award-winning writer and editor who worked on staff for magazines such as *Cosmopolitan*, *GLAMOUR* and *Fabulous*, for nearly a decade. She went freelance in 2011 and works for *Stylist*, *The Telegraph*, *Marie Claire*, *Stella*, *The Pool*, *The Guardian*, *Emerald Street*, *Women's Health*, *BBC Earth*, *Mr & Mrs Smith* and *YOU* magazine. She is the founder of *Sober Spring*.

## THOSE WHO CAN, TEACH

Andria Zafirakou



**UK Publisher:** Bloomsbury

**UK Editor:** Alexis Kirschbaum

**Extent:** tbc

**Pub date:** Spring 2021

**US Agent:** Park & Fine

**Audio:** Bloomsbury

In March 2018 Andria Zafirakou was awarded the \$1million Global Teacher Prize.

Andria, the daughter of immigrant Greek Cypriot parents, loved art and loved teaching, and always knew this was the career for her. However, nothing could have prepared her for the extreme deprivation and difficulty faced by the children at Brent's Alperton Community School in London. Andria has been at the forefront of this school's transformation into one of the most successful in the country, despite the incredible poverty and traumatic background of many of its students.

Andria is filled with energetic common sense, and has reservoirs of compassion, and fundamentally believes that art should be at the forefront of education. Since winning the award she has become a global spokesperson for a new approach to education, speaking to diverse organisations including Harvard, MIT, the Met Museum, the FA and governments worldwide.

*Those Who Can, Teach* is her story and her vision, a poignant homage to all the unsung heroes nurturing the next generation around the world, a testament to the difference an individual can make, and an inspiration to us all.

**ANDRIA ZAFIRAKOU** is an Arts & Textiles teacher and Associate Deputy Headteacher at Alperton Community College in Brent, London. In 2018, she won the Global Teacher Prize. *THOSE WHO CAN, TEACH* is her first book. She founded Artists in Residence charity and is a global speaker on education.

## **F(R)EED: Why You Struggle With Food & How to Liberate Yourself**

### **Lucy Fry**



#### **ON SUBMISSION**

***F(r)eed: Why You Struggle With Food & How to Liberate Yourself* is a book for anybody who wishes to be emancipated from their damaging or detrimental relationship with food.**

Why do so many of us fight with food? Why do we battle our hunger and/or our flesh, or stuff ourselves to the point of disease? And how can we free ourselves from this battle? How can we release ourselves once and for all - become happier, more satiated?

Part personal odyssey and part investigation, *F(r)eed* is the story of author Lucy Fry's disordered relationship with eating, a fierce investigation into the reasons people struggle with food, and an uncovering of the core conditions required to become emotionally healthier in our relationship with food.

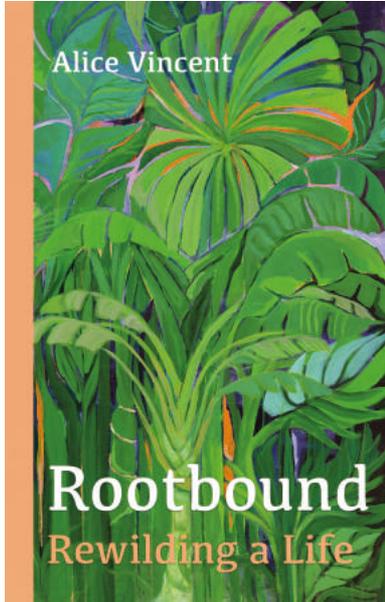
By interviewing the world's leading experts on disordered eating, addiction and body image, as well as collating and explaining the latest research and treatment methods, and speaking to those who've found true recovery from food issues, Lucy begins to understand and clarify the requirements for developing a healthy connection to food and one's body.

**LUCY FRY** is a writer, speaker and trained counsellor specialising in eating disorders. She is the author of *Run, Ride, Sink or Swim*, published by Faber in 2015. Lucy writes regularly on mental and physical health for *The Times*, *Telegraph*, *Guardian*, *Mail on Sunday*, *Women's Health*, *Psychologies Magazine* and *Stylist*, and as a speaker she appears as a health and fitness expert at festivals and conferences.

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## ROOTBOUND: Rewilding a Life

Alice Vincent



When she was a girl, Alice Vincent loved her grandfather's garden - the freedom, the calm, the beauty of it. Twenty years later, living in a tiny flat in South London, that childhood in the garden feels like a dream.

When she suddenly finds herself uprooted, heartbroken, living out of a suitcase and yearning for the comfort of home, Alice starts to plant seeds. She nurtures pot plants and vines on windowsills and draining boards, filling her new space with green, and with each unfurling petal and budding leaf, she begins to come back to life.

**UK Publisher:** Canongate

**UK Editor:** Jo Dingley

**Pub date:** January 2020

**Extent:** 272

**Rights Sold:**

Germany: Goldmann

Netherlands: Hapercollins NL

Italy: Harpercollins IT

Poland: Muza

Czech Republic: Host

Russia: Eksmo

Mixing memoir, botanical history and biography, *Rootbound* examines how bringing a little bit of the outside in, can help us find our feet in a world spinning far too fast.

**ALICE VINCENT** is a writer, author and journalist. A senior writer on the arts desk of The Telegraph, where she has worked since 2013, she writes award-nominated features, profiles and reviews and is considered one of the paper's leading young voices. She writes a popular gardening column for the paper, an acclaimed blog *Noughticulture* and has published a practical gardening book *How To Grow Stuff* (Ebury). IG = @noughticulture

**WINDSWEPT: Why Women Walk**

Annabel Abbs

**UK Publisher:** Two Roads (John Murray)**UK Editor:** Lisa Highton**Publication:** Spring 2021**US Agent:** Stuart Krichevsky**Extent:** 300 (approx.)**Rights Sold:**

Germany: btb

Italy: Mondadori

Netherlands: Karakter

**WINDSWEPT: Why Women Walk is a beautifully written feminist meditation on the power of walking in nature, for readers of Rebecca Solnit, Olivia Laing, Cheryl Strayed, Robert Macfarlane and Amy Liptrot.**

After a scary accident, novelist Annabel Abbs realised that she, like so many of us, had begun to take the simple act of walking for granted. She then vowed to walk more, and to get her four children out into the countryside.

As she revisited her lost love of long, wild hikes, she became fascinated by the art, literature and philosophy of walking - which is overwhelmingly dominated by men. But Annabel couldn't believe she was the only woman who used walking to feel like herself, to overcome the stresses of family life and to think and imagine. So she started to research the women who walked - and to discover why they did.

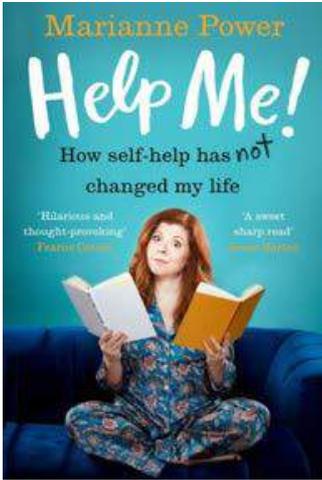
*Windswept* follows the lives and walks of five remarkable but often marginalised women - Gwen John, Georgia O'Keeffe, Frieda von Richthofen, Simone de Beauvoir, and Nan Shepherd. In retracing their steps, Annabel Abbs combines beautiful nature writing with insights into how women in particular relate to nature and the wild.

Along the way, Annabel discovers that the science of movement, nature, memory and emotion is in the midst of a revolution. For the first time researchers are beginning to understand why and how movement and nature work on our minds and bodies, at the cellular, microbiotic and neuroscientific levels. Annabel is fascinated by this scientific basis for the release she and the women have intuitively found in walking, and interweaves these findings into her narrative.

**ANNABEL ABBS** is the award winning author of *The Joyce Girl* (Impress), *Frieda* (Two Roads) and *The Age Well Project* (Piatkus).

## HELP ME! How Self-help Has Not Changed my Life

Marianne Power



**UK Publisher:** Picador

**UK Editor:** Kris Doyle

**Extent:** 352

**Pub date:** Sept 2018 (HB)

**Audio:** Picador

**Rights Sold:**

Brazil: Record

Bulgaria: Locus

Canada: HarperCollins

Catalan: PRH

Denmark: People's Press

Estonia: Sinisukk

Finland: Gummerus

France: Editions Stock

France (PB): Livres de poche

Germany: Goldman

Holland: Het Spectrum

Hungary: Cor Leonis

Israel: Kinneret

Italy: Giunti

Japan: SB Creative Corp

Korea: Thenan

Lithuania: Alma Littera

Poland: Muza

Portugal: 2020

Russia: Eksmo

Spain: Grijalbo

Sweden: Polaris

Taiwan: Pcuser

Turkey: Epsilon

Ukraine: Vivat

US: Grove Atlantic

Marianne Power was stuck in a rut. Then one day she wondered: could self-help books help her find the elusive perfect life?

She decided to test one book a month for a year, following their advice to the letter. What would happen if she followed the 7 HABITS OF HIGHLY SUCCESSFUL PEOPLE? Really felt THE POWER OF NOW? Could she unearth THE SECRET to making her dreams come true?

What begins as a clever experiment becomes an achingly poignant story. Because self-help can change your life - but not necessarily for the better . . .

*Help Me!* is an irresistibly funny and incredibly moving book about a wild and ultimately redemptive journey that will resonate with anyone who's ever dreamed of finding happiness.

### Praise for HELP ME!

*"A funny, poignant story: a journey that will resonate with anyone who had ever dreamed of finding true happiness" Independent*

*"Bold, earnest, and utterly hilarious... You'll laugh. You'll cry. You might even achieve the level of acceptance Power reaches by the end." Refinery29*

*"A sweet sharp read"* - JESSIE BURTON

*"A laugh-out-loud funny book that also manages to be thought-provoking, perceptive and devastatingly honest. I loved it." - LUCY DIAMOND*

**MARIANNE POWER** is a writer and journalist who lives in London.

*Help Me!* is her first book.

## THE RELUCTANT CARER

Anonymous



**UK Publisher:** Picador (World English)

**UK Editor:** Francesca Main

**Pub Date:** 2021

**On behalf of Eugenie Furniss at 42**

*“It was the kind of phone call that can happen to anyone. The kind we all fear. My eighty-seven-year-old father had been admitted to hospital after a heart attack, my mother, eighty-nine, would be at home alone. So, I packed a small bag and went home to help. And then my parent’s health, and what I now think of as my old life, collapsed in ferocious unison. I lost a house, a marriage and all my money in less time than it took my dad to lose control of his sphincter. And guess whose mess is easier to clean up?”*

*The Reluctant Carer* by turns the funny, moving and illuminating story of the author’s experience when, after the collapse of his career and his marriage, he decided to stay with his ailing parents for a week or two; he didn’t leave for two years.

Along with the laughs and the black humour are some extraordinary reflections that feel almost luminous in their power. Amid the grind and periods of chaos there are moments of transcendence where he reaches a deeper understanding of his relationship with his parents and digs into the very essence of what it is to be human.

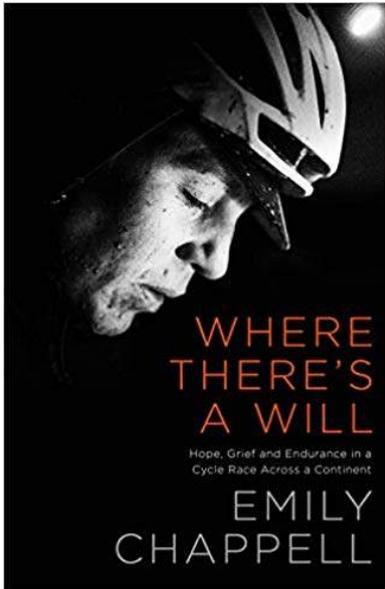
With *The Reluctant Carer*, the author shines a much needed light on the millions of unpaid workers who look after their loved ones across the country.



The author is a journalist and a screenwriter.

## **WHERE THERE'S A WILL: Hope, Grief and Endurance in a Cycle Race Across a Continent**

### **Emily Chappell**



**UK Publisher:** Profile (World)

**UK Editor:** James Spackman

**Pub Date:** November 2019

**For rights enquiries, please contact Profile's rights department**

A London cycle courier with a taste for adventure, Emily Chappell entered an extraordinary new race - The Transcontinental - in which riders must find their own way, entirely unassisted, across Europe in the shortest time possible. On her second attempt, she won the women's event, covering nearly 4,000 miles in 13 days and ten hours, sleeping in short bursts wherever exhaustion took her.

In the aftermath of a win that troubled as much as pleased her she worked with Mike Hall, the founder of the race, until his tragic death on the road.

*Where There's a Will* is a book about a normal person finding the capacity to do something extraordinary; the paradoxes of comradeship, competition, vulnerability and will and the shock of grief, combined in a beautifully written and very human story.



Emily Chappell worked as a cycle courier in London for many years, telling her story in *What Goes Around*. Since then she has explored the world on her bike and committed to supporting others to do the same, as a founder of The Adventure Syndicate

## SHADOW WORLD

**Patrick Alley**



### ON SUBMISSION

**On behalf of Eugenie Furniss  
at 42MP**

**Global Witness is one of the world's leading environmental charities, that works to uncover corruption in big business and government around the world. They have made it their mission to investigate the links between the exploitation of natural resources, the role of corruption, and resulting human rights abuses, environmental destruction, and the illicit flow of money from the poorest to the richest in our society.**

SHADOW WORLD takes the reader on a journey across the world, inviting you into the board rooms of London and New York, the jungles of Cambodia and Liberia, the offshore tax havens of the Caribbean, and the falling states in the former Soviet Union. Each chapter takes you through a chosen case study from the last 25 years of Global Witness's work and casts light on the world's most intractable problems, drawing back the veil on the perpetrators, and advocating solutions.

In an age of increasing environmental and political awareness, SHADOW WORLD will strike a major chord with anyone who acknowledges we can no longer sit idly by. Patrick's investigations are astonishing, eye opening, and at times unbearable, but an essential contribution to the discussion about the environment, the greed of big business driving its destruction and the complicity of governments around the world.

**PATRICK ALLEY** co-founded Global Witness in 1993 with the idea of bringing down the infamous rebel Khmer Rouge guerrilla movement and hastening the end of the Cambodian civil war. Since then, Global Witness has become one of the world's most influential anti-corruption organisations, and was nominated for the 2003 Nobel Peace Prize for its work on Blood Diamonds. Alongside his co-founders, Patrick received the 2014 Skoll Award for Social Entrepreneurship. Several of Global Witness's campaigns have served as inspiration for Bond films and the novels of John le Carré.

## MEN WHO HATE WOMEN

### Laura Bates



**From the Sunday Times bestselling author and founder of The Everyday Sexism Project comes an explosive book examining the rise of secretive, extremist communities who despise women.**

In this ground-breaking investigation, Laura Bates traces the roots of misogyny across a complex spiders web of groups, from Men's Rights Activists and Pick up Artists to Men Going their Own Way, Trolls and the Incel movement, in the name of which some men have committed terrorist acts.

**UK Publisher:** S&S

**UK Editor:** Fritha Saunders

**Pub Date:** 2020

**On behalf of Abigail Bergstrom at Gleam Titles**

Drawing parallels with other extremist movements around the world, Bates seeks to understand what attracts men to the movement, how it grooms and radicalises boys, how it operates and what can be done to stop it. Most urgently of all, she traces the pathways this extreme ideology has taken from the darkest corners of the internet to emerge covertly in our mainstream media, our playgrounds and our parliament.

Going undercover on and offline, Laura provides the first, comprehensive look at this hitherto under-the-radar phenomenon, including fascinating interviews with trolls, former incels, the academics studying this movement and the men fighting back.

**LAURA BATES** is the founder of the Everyday Sexism Project, a collection of over 100,000 testimonies of gender inequality, with branches in 25 countries. She is the author of 5 books including *Everyday Sexism*, the *Sunday Times* bestseller *Girl Up* and *Letters to the Future* with Owen Sheers. She was awarded a British Empire Medal for services to gender equality in 2015 and has been named woman of the year by *Cosmopolitan*, *Red Magazine* and *The Sunday Times*. Laura contributes at Women Under Siege, a project tackling rape in conflict worldwide. She is also the recipient of two honorary degrees and was awarded the Internet and Society Award by the Oxford Internet Institute.

## RAISING RACE

Uju Asika



**UK Publisher:** Hodder

**UK Editor:** Tamsin English

**Pub Date:** Spring 2021

*“You can’t avoid it, because it’s everywhere. In the looks my kids get in certain spaces, the manner in which some people speak to them, the stuff that goes over their heads. Stuff that makes them cry even when they don’t know why.*

*How do you bring up your kids to be cool, kind and happy when there is so much out there trying to break them down?*

*This book is my attempt not necessarily to answer this question definitively, but to consider it with the weight and attention it deserves. For it’s a question that affects us all.”*

*Raising Race* is a groundbreaking, inclusive, practical and moving book, a blend of Philippa Perry's *The Book You Wish Your Parents Had Read* and *Why I’m No Longer Talk To White People About Race*. It’s a call to arms for all parents of all colours to start a conversation which will mean the next generation have zero tolerance to racial prejudice, and grow up understanding what kindness and happiness truly mean.

**UJU ASIKA** is a screenwriter (having written on some of Africa's top TV shows), journalist (*The Guardian*, *Time Out*) and parenting expert, author of the hugely popular *Babes About Town* blog, and runs the influential Mothers and Shakers digital agency for parenting bloggers. She is Nigerian, and grew up in the UK. She lives in Islington with her husband and two totally adorable boys, the stars of her blog. She is not only a talented writer, but a passionate speaker and promoter, determined to do everything to get her important message across.

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## THE FIVE POWERS: A Toolkit for Transformation

Dr Stephen Fulder, illustrated by Alessandro Sanna



### *Trust - Mindfulness - Energy - Serenity - Wisdom*

A Toolkit for Transformation. Designed and packaged as a precious gift to bring insight and inspiration to ourselves and others.

Dr. Stephen Fulder, an ex-Oxford academic is a prolific author, and has been active in bringing Eastern wisdom to the West for over forty years. Through his teachings, he has introduced Buddhist meditation, wisdom, and inner practices to thousands of people.

**UK Publisher:** Aster Books  
(Hachette)

**UK Editor:** Kate Adams

**Publication date:** May 2020

**Extent:** 304

**Rights sold:**

Ukraine: Family Leisure Club

In this groundbreaking work he introduces the Five Powers of Buddhism, and shows how together they provide the key to transformation.

With crystal-clear, elegant, evocative text and exquisite illustrations, it brings the genre of inner guides to a new level. Its teachings will help readers to dance with the unexpected, to successfully cope with the challenges of each day.

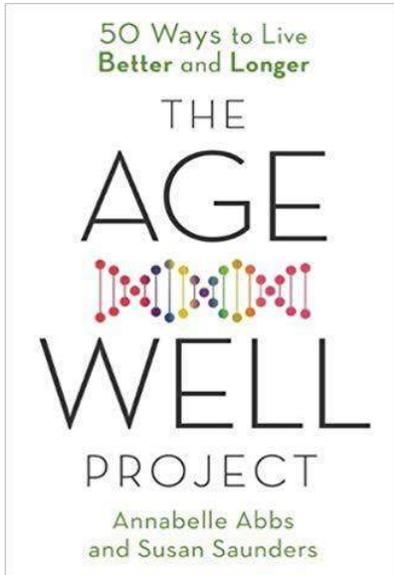
Stephen's text, written with humour and warmth is accompanied by stunning artwork by the acclaimed artist Alessandro Sanna, created specially to enhance and amplify the message. Words and illustrations together make each volume a fascinating adventure.

**DR STEPHEN FULDER** has a PhD in molecular biology and was a lecturer at London University. He is also an expert in herbal and complementary medicine, on which he has published fourteen books. Stephen has been involved in dharma practice since 1975. He has been studying and teaching mindful meditation for a quarter of a century all over the globe. He currently lives in Israel.

**ALESSANDRO SANNA** has won the Andersen Prize three times for book illustration. His creations have been published by Rizzoli, Einaudi, Emme, MeMo, Corraini, Mondadori and in "Gioia" and "Vanity Fair". He lives in Italy.

## THE AGE-WELL PROJECT: Easy Ways to a Longer, Healthier, Happier Life

Annabel Streets and Susan Saunders



**UK Publisher:** Piatkus

**UK Editor:** Zoe Bohm

**Pub date:** 2 May 2019 (PB)

**Audio:** Piatkus

**Extent:** 288

**Rights Sold:**

Italy: Vallardi

Portugal: 2020

Estonia: SuurPuu

Diseases of older age take root decades before symptoms appear. For a longer, happier life, we need to plan ahead - but what exactly should we do?

For five years, Annabel Streets and Susan Saunders immersed themselves in the latest science of longevity, radically overhauling their lives and documenting their findings on their popular blog.

After reading hundreds of studies and talking to numerous experts, Annabel and Susan have compiled almost 100 short cuts to health in mid and later life, including: how, when and what to eat; the supplements worth taking; when, where and how to exercise; the most useful medical tests; how to avoid health-threatening chemicals; the best methods for keeping the brain sharp; and how to sleep better.

*The Age-Well Project* is an essential handbook for making the second half of your life happy, healthy and disease-free.

*'The essential mid-life mum makeover. From fitness to sleep and even your social life, a brilliant new book by two 50-something mothers reveals how to protect your health and happiness'* Daily Mail

*'Educational and informative'* Woman's Way

**ANNABEL STREETS** is an award-winning writer whose books have been published and translated in over 20 countries. A passionate hiker, photographer and cook, she lives in London with her family. **SUSAN SAUNDERS** cared for her mother through more than a decade of dementia while raising her family and working full-time as a TV producer. She is also the author of two cookery books and is a qualified health coach.

Annabel and Susan founded The Age Well Project in 2014, blogging their way to improved health and longevity at [agewellproject.com](http://agewellproject.com)

## THE AGE-WELL PLAN

Susan Saunders



**UK Publisher:** Piatkus

**UK Editor:** Zoe Bohm

**Pub date:** Summer 2020

*How to Create your own Age-Well Plan* is an easy to follow six week plan to kick-start your journey towards making the second half of your life happy, healthy and disease-free.

*How to Create your own Age-Well Plan* gives readers the tools they need to live their own age-well life. It lays out how to make changes - small and large - in a simple, clear and easy-to-navigate format. More importantly, this plan helps the reader prioritise the changes most appropriate for their own bodies, lifestyles and circumstances.

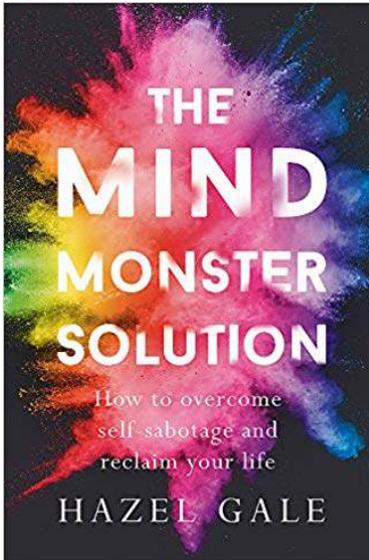
If the *The Age Well Project* provided the WHY, the Plan provides the HOW. It will include numerous tips and tricks explaining how to kick-start an age-well future, how to fit it into a busy life and how to stay motivated when the going gets tough. Charts, lists and boxed-out Top Tips help the reader quickly identify the most important points, while motivational quotes from superagers and longevity/health experts will provide continuous inspiration.

From how to detoxify your environment, how to exercise when you're waiting, how to change your diet and sleep patterns, *How to Create your own Age-Well Plan* builds habits which form the foundation for wellness and happiness in your later life.

**SUSAN SAUNDERS** cared for her mother through more than a decade of dementia while raising her family and working full-time as a TV producer. She is also the author of two cookery books and is a qualified health coach. Together with Annabel Abbs, Susan founded The Age Well Project in 2014, blogging their way to improved health and longevity at [agewellproject.com](http://agewellproject.com)

## THE MIND MONSTER SOLUTION: How to Overcome Self-Sabotage and Reclaim Your Life

Hazel Gale



**Imagine a life without limitation - learn techniques to combat self-doubt, maximise success and improve everyday happiness.**

Whenever elite fighter Hazel Gale entered the ring, she felt fear. Not just the rational fear of being knocked out. But something deeper as well. The fear that she didn't deserve success, and that she would let everyone - especially herself - down.

While others saw a confident world champion athlete, Hazel was plagued by anxiety, self-doubt and depression. It was these things - the monsters of her mind - that she felt were her most dangerous opponents, and she waged a war. It was that hard-fought internal battle that ultimately led her to burn out.

**UK Publisher:** Yellow Kite

**UK Editor:** Lauren Whelan

**Extent:** 400

**Pub date:** 21 Mar 2019 (PB)

**Audio:** Yellow Kite

**Rights Sold:**

France: Belfond

Spain: Roca

Now a sought-after London therapist, Hazel has created a revolutionary system for overcoming fear, underperformance and self-sabotage. In *The Mind Monster Solution*, she uses personal anecdotes, practical exercises and innovative therapeutic tools to help you create a balanced life, rich with meaning, confidence and positivity.

Written with humility and humour, this book will help you emerge victorious from your own battles, whatever they may be.

**HAZEL GALE** is a master practitioner of cognitive hypnotherapy, a former world kickboxing champion and a multiple national and open European ABA boxing-title winner. Following a physical and psychological burnout during her first few years of competitive fighting, Hazel discovered cognitive hypnotherapy. Empowered by the changes she made for herself, Hazel trained as a therapist. She currently practises in London and specialises in performance-related issues and the pursuit of creative and professional goals.

## HEROES ON A HALF SHELL

Bobby Groves



**ON SUBMISSION AUTUMN  
2019**

### **Can oysters really help save the world?**

With the earth crying out for help and global temperatures soaring we need to act now. Where can we find the real superheroes of the 21st Century? We have to look around us at the secret network of nature and retune our lives to the song of survival and coexistence. Enter: the oyster. A true caped crusader hidden in plain sight.

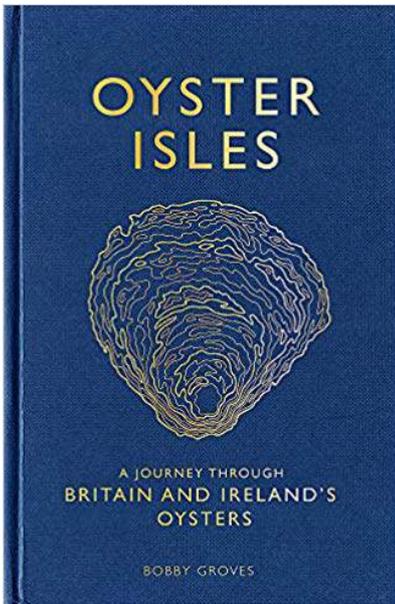
Oysters the world over are enjoying a renaissance from both gourmands and general public from all walks of life. Not only are the bivalve molluscs being eaten from fine dining to seaside shacks in record numbers, but they offer us far more than just a meal. They give us zinc for vitality and health; they clean the waters they grow in; they provide protection for our coasts; they gobble up carbon dioxide; the list goes on.

In *Heroes on a Half Shell* Bobby Groves, Head of Oysters at Chiltern Firehouse and Chateau Marmont, will take you on a journey around the globe from New York Harbour to Pearl Harbour of Hawaii, from the Wild Atlantic Way of Ireland to the Mediterranean and the Mangroves of West Africa to unlock the powers of a super hero right before our eyes.

**BOBBY GROVES** is the Head of Oysters at London restaurant Chiltern Firehouse, and Oyster Consultant for Chateaux Marmont in LA. Born in Maldon, Essex, Bobby began working at his local oyster farm, Maldon Oysters, in 2006, cultivating, delivering and exporting shellfish. He now runs oyster stands at festivals and markets throughout the country and he is a globally sought-after expert on oysters. His first book, *Oyster Isles*, was published by Little Brown UK.

**OYSTER ISLES**

Bobby Groves

**UK Publisher:** Little Brown**UK Editor:** Claire Chesser**Extent:** 320**Pub date:** 29th August 2019

The Great British oyster is deeply embedded in our geographical, historical and socio-cultural landscape. Five-thousand-year-old oyster shells have been discovered in the northern reaches of Scotland, and oyster shells are littered along the extinct riverbeds deep beneath the London of today. A highly prized delicacy of the Romans, the oyster has always been a class leveller: an everyman food of the poor during the Victorian age to a food of decadence during the twentieth century. It is a superfood; a biological water meter; an ecological superpower. The oyster card, 'the world is your oyster' - it has even crept into our language.

Bobby Groves, Head of Oysters at the Chiltern Firehouse, takes us on a wonderful journey of the British oyster, a five-thousand-mile motorcycle odyssey of Britain's spectacular coastlines. He vividly brings to life this strange and marvellous creature, shining a light on its rich and vibrant history, its cultural impact and ecological importance as well as those oyster folk who work so hard to protect them.

Part travelogue, part social history, *Oyster Isles* is a celebration of the much-loved yet much-misunderstood British oyster.

**Praise for OYSTER ISLES:**

'An amazing tome . . . The stories behind each oyster and location are informative, in depth, but, most importantly, fun'  
MICHEL ROUX JR

**BOBBY GROVES** is the Head of Oysters at London restaurant Chiltern Firehouse. Born in Maldon, Essex, Bobby began working at his local oyster farm, Maldon Oysters, in 2006, cultivating, delivering and exporting shellfish. He now runs oyster stands at festivals and markets throughout the country and he is a globally sought-after expert on oysters.

## THE WHOLE VEGETABLE

Sophie Gordon



**AUCTION ONGOING IN THE UK**

Sustainability cook, globally renowned retreat chef, supper club host, entrepreneur and environmental campaigner Sophie Gordon shows us a new way to approach cooking and eating, which will massively reduce what your waste, save you money, give you a super-organised kitchen, make you fall in love with food shopping, and leave you looking and feeling great - for fans of *The Green Roasting Tin*, Anna Jones and Marie Kondo.

Always fascinated by food, and with a particular obsession for beautiful brightly coloured vegetables, budding chef Sophie headed to Melbourne after graduating and became a leader in the sustainable and plant-based food scene there. Returning to London a few years ago, she was determined to bring back the eat fresh, eat local, eat mostly plants, and waste less ethos to the UK. Our climate and way of life makes it seem harder, but Sophie shows there are excellent ways to reorganise and simplify your kitchen and the way you shop and meal plan - which save your wallet and your mental health as well as the planet!

With over 150 delicious, easy recipes dedicated to the art of wasting less - using core fruit and vegetables to create simple, creative meals throughout the seasons, *The Whole Vegetable* is an effortless, mindful and joyous approach to a more sustainable, conscious way of cooking.

**SOPHIE GORDON** is a chef renowned for plant-based, low waste, supper clubs in the UK and for cooking on retreats all over the globe with some of the world's most famous wellbeing stars and brands, including Lululemon and Soho House.

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## TWISTED: A Cookbook

Twisted



**UK Publisher:** Yellow Kite  
(World)

**UK Editor:** Lauren Whelan

**Pub Date:** Spring 2020

**Extent:** tbc

**For rights enquiries, please  
contact Hachette's rights  
department.**

**From one of the world's most popular food brands, comes *Twisted: A Cookbook*, with 100+ brand new, mouth-watering recipes that celebrate the very best of their playful nature and the fun food their fans loves to eat.**

Born out of a tiny London kitchen, where a couple of guys, Tom and Harry, started making recipe videos, to 30 million online followers across the globe, Twisted has changed the way we look at food for the better. People have fallen for their indulgent creations and unpretentious, clever twists on cooking. Through its world-famous recipe videos, and now with *Twisted: A Cookbook*, they are constantly experimenting, innovating, and encouraging their fans to do the same, because unserious food tastes seriously good.

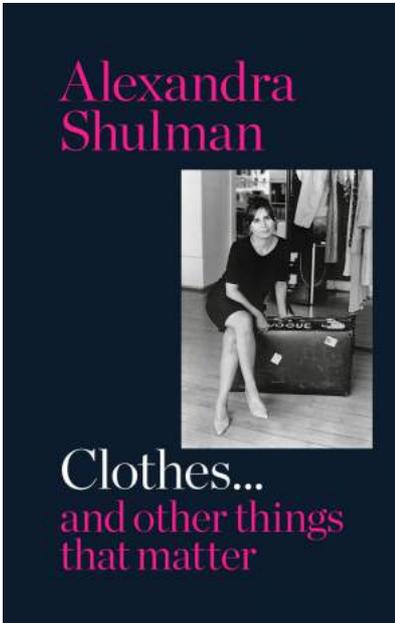
With beautiful photography throughout, the book is divided into three parts with sharing at the heart of each: 'Basics' covers all of your condiments and sauces, 'Occasions' includes sections on Meat-Free Monday, Dinner Party, Picnic, BBQ, Hungover Saturday Breakfast and Christmas Party, whilst 'Ingredients' is dedicated to the love of mealtime staples like pasta, chicken and potatoes.

Featuring 100+ never-before-seen recipes, this unrivalled food bible will remind us all that it's alright to INDULGE from time to time, to BREAK THE RULES and most importantly, to HAVE FUN. This is a bright, bold, breath of fresh air cookbook that we all need in our lives!

**TWISTED** was started by Tom Jackson and Harry Bamber who came up with the concept for the channel back in 2016 from a tiny kitchen in London, making tasty looking food videos using a GoPro and publishing their endeavours on social media. In just six weeks they'd reached a million followers. Now Twisted is a team of 12 based in East London who have worked their socks off to become one of the world's most loved food brands, with nearly 30 million followers globally, who have fallen for Twisted's refreshing, fun approach to cooking and eating.

**CLOTHES... AND OTHER THINGS THAT MATTER**

Alexandra Shulman

**UK Publisher:** Cassel/Octopus**UK Editor:** Alison Starling**Pub Date:** April 2020**Extent:** 336**On behalf of Eugenie Furniss  
at 42**

**'Clothes... And Other Things That Matter is a book not only about clothes but about the way we live our lives. From childhood onwards, the way we dress is a result of our personal history. In a mix of memoir, fashion history and social observation I am writing about the person our clothes allows us to be and sometimes the person they turn us into.'** - Alexandra Shulman

In *Clothes... And Other Things That Matter*, Alexandra Shulman delves into her own life to look at the emotions, ambitions, expectations and meanings behind the way we dress.

From the bra to the bikini, the trench coat to trainers, the slip dress to the suit, she explores their meaning in women's lives and how our wardrobes intersect with the larger world - the career ladder, motherhood, romance, sexual identity, ambition, failure, body image and celebrity.

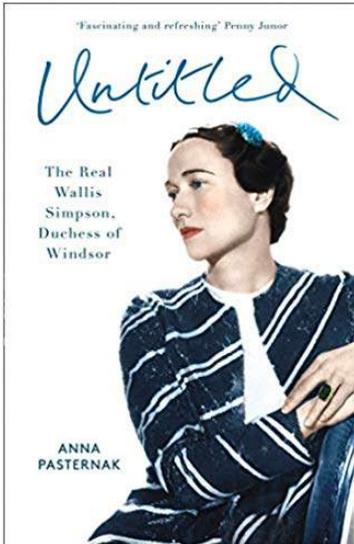
By turns funny, refreshingly self-deprecating and often very moving, this startlingly honest memoir from the ex-Editor of British Vogue will encourage women of all ages to consider what their own clothes mean to them, the life they live in them and the stories they tell.



**ALEXANDRA SHULMAN** edited British Vogue 1992-2016. She is a writer, and journalist, and social commentator. She has written two novels, *Can We Still Be Friends* and *The Parrots* and the non fiction *Inside Vogue - My Diary of Vogue's 100th Year*.

## UNTITLED: The Real Wallis Simpson, Duchess of Windsor

Anna Pasternak



**UK Publisher:** William Collins

**UK Editor:** Arabella Pike

**Pub Date:** 7th March 2019

**Extent:** 368

**Rights Sold:**

US (Touchstone)

**On behalf of Eugenie Furniss  
at 42**

**Who was the real Wallis: an opportunistic American social climber, a master manipulator or the true love of Edward's life? Amid the cacophony of condemnation her story has become obfuscated. *Untitled* is an intimate biography of one of the most misunderstood women in British royal history.**

His charisma and glamour ensured him the status of a rock star prince. Yet Edward gave up the British throne, the British Empire and his position as Emperor of India, to marry his true love, American divorcee Wallis Simpson.

So much gossip has been levelled at Wallis Simpson that it has become nearly impossible to discern the real woman. Many have wondered why, when Edward could have had anyone he desired, he was smitten with this unusual American woman. As her friend Herman Rogers said to her in 1936 when news of her affair with Edward broke: 'Much of what is being said concerns a woman who does not exist and never did exist.'

Anna Pasternak's new book is the first ever to give Wallis a chance and a voice to show that she was a warm, loyal, intelligent woman adored by her friends, who was written off by cunning, influential Establishment men seeking to diminish her and destroy her reputation.

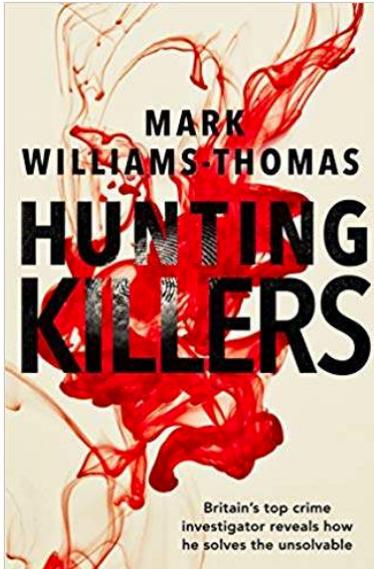
Using testimony from their inner circle of friends, Anna Pasternak presents a very different Wallis Simpson. With empathy, intimacy and thorough research, this book will make readers view her story as it has never been told before.

**ANNA PASTERNAK** is a writer and member of the famous Pasternak family: her great-grandfather was Leonid, the impressionist painter, her great-uncle was Boris the Nobel prize winning novelist, her grandmother was Josephine the philosopher and her father is Oxford biochemist Professor Charles Pasternak. Anna is the author of a number of books, most recently *Lara*.



**HUNTING KILLERS**

Mark Williams-Thomas

**UK Publisher:** Bantam Press**UK Editor:** Michelle Signore**Pub Date:** 8th August 2019**Extent:** 272**Rights sold:**

Russia: Eksmo

**On behalf of Eugenie Furniss  
at 42**

*“Death has a unique smell. I've been in the presence of people who have killed; I've been in rooms where people have been killed. I've seen the unspeakable things human beings are capable of. None of that puts me off my aim; I want to see those people caught, convicted and sent to jail.”*

Mark Williams-Thomas is a former police detective and multi-award-winning investigative journalist. He has been at the centre of some of the most high-profile investigations of recent years involving killers and paedophiles.

In this gripping and unflinching book, Mark reveals how he has pieced together these complex cases. Through tireless research and perseverance, Mark takes us on a journey of discovery gathering and pursuing new evidence, earning the trust of silent witnesses and sharing the personal toll this extraordinary job takes on him.

Mark's story is a relentless and inspiring one; it is the story of a life dedicated to justice.

**MARK WILLIAMS-THOMAS** is a multi-award-winning investigative reporter. Amongst his awards he has two Royal Television Society Awards, a Broadcasting Press Guild Award and an International Peabody Award. He is also BAFTA nominated. A former police detective, Mark has reported on nearly all of the biggest crime stories of the last decade. It was Mark's *Exposure* documentary that finally exposed Jimmy Savile as one of the UK's most prolific paedophiles - as a result of Mark's investigation, the Metropolitan police set up Operation Yewtree. Mark now has his own prime time ITV and Netflix crime show, *The Investigator* and presents the *Unsolved* strand on *This Morning*, looking at undetected crimes.



R M L

RACHEL MILLS LITERARY

**FICTION**

**FAITH'S LAST DANCE**

Leslie Catlin

COVER  
IMAGE  
COMING  
SOON

**ON SUBMISSION IN THE UK****Rights Sold:**

Italy: Astoria/GeMS

**On behalf of Eugenie Furniss  
at 42**

**Wonderfully readable, by turns darkly funny, moving and insightful, *Faith's Last Dance* is a life-affirming novel about family, friendship, forgiveness, and the power of the human spirit.**

Octogenarian, Faith Lynch, was led to believe that her stay in a Thyme Bank Care Home was only temporary. But as weeks turn into months there, with no end in sight, Faith decides to take things into her own hands and packs her bags; she intends to leave by the end of the day. Her children Grace and Luke put pay to Faith's plan though, and she realises her escape plans are going to have to be altogether more cunning.

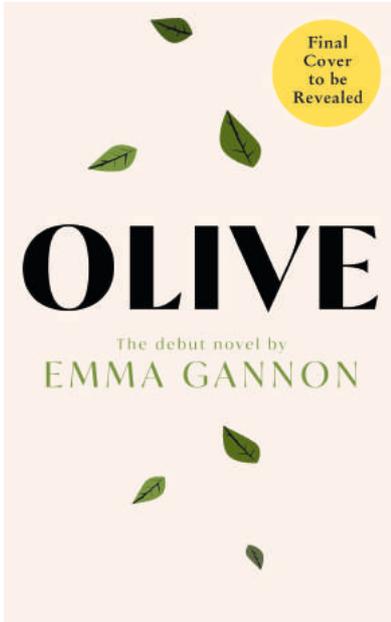
Days later, with fellow octogenarians Maurice, Hugh, and Miriam, they take to the road: first stop Faith's home of thirty years. A shock is in store for her when she arrives though. Hurt by her children's apparent duplicity and determined to take back control of her life, Faith decides to embark on an adventure that neither she or her friends will ever forget...



**LESLIE CATLIN** is a sometime barrister, actor, puppeteer and PR executive, who took an MA in Creative and Life Writing at Goldsmiths in 2015, and received distinction for work blending fiction and memoir. Catlin lives in South London with a partner and four cats, and has two grown up daughters.

**OLIVE**

Emma Gannon

**UK Publisher:** Harper**UK Editor:** Kimberley Young**Pub Date:** June 2020**Extent:** 416**On behalf of Abigail Bergstrom at Glean Titles**

**The debut novel from the Sunday Times bestselling author, Emma Gannon.**

**Independent.****Adrift.****Anxious.****Loyal.****Kind.****Knows her own mind.**

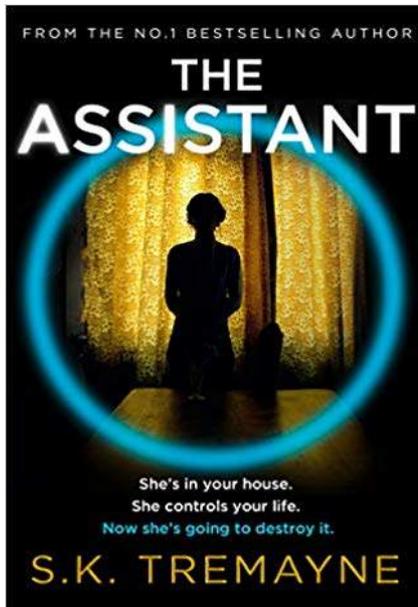
Olive is many things, and it's ok that she's still figuring it all out, navigating her world without a compass. But life comes with expectations, there are choices to be made, boxes to tick and - sometimes - stereotypes to fulfil. And when her best friends' lives start to branch away towards marriage and motherhood, leaving the path they've always followed together, Olive starts to question her choices - because life according to Olive looks a little bit different.

Moving, memorable and a mirror for every woman at a crossroads, OLIVE has a little bit of all of us. Told with great warmth and nostalgia, this is a modern tale about the obstacle course of adulthood, milestone decisions and the 'taboo' about choosing not to have children.

**EMMA GANNON** is an award-winning writer, speaker, *Sunday Times* columnist and podcaster. Her writing has been published everywhere from the *Guardian* to *Glamour*. She is the bestselling author of memoir *Ctrl Alt Delete* and *The Multi-Hyphen Method*, which became a *Sunday Times* bestseller. She is also the host of hit podcast series 'Ctrl Alt Delete', the No.1 careers podcast in the UK, which has reached over 5 million downloads, featuring guests such as Ellen Page, Lena Dunham and Elizabeth Gilbert. Emma lives in East London with her fiancé. *Olive* is her debut novel.

**THE ASSISTANT**

SK Tremayne

**UK Publisher:** HarperCollins**UK Editor:** Jane Johnson**Pub Date:** 26th December 2019**Extent:** 400**Rights Sold:**

Finland: Otava

France: Presses de la Cite

Germany: Droemer

Netherlands: Prometheus

Norway: Cappelen Damm

Poland: Czarna Owca

Portugal: Topseller/2020

**On behalf of Eugenie Furniss at  
42**

**She's in your house. She controls your life. Now she's going to destroy it.**

**She watches you constantly.**

Newly divorced Jo is delighted to move into her best friend's spare room almost rent-free. The high-tech luxury Camden flat is managed by a meticulous Home Assistant, called Electra, that takes care of the heating, the lights – and sometimes Jo even turns to her for company.

**She knows all your secrets.**

Until, late one night, Electra says one sentence that rips Jo's fragile world in two: 'I know what you did.' And Jo is horrified. Because in her past she did do something terrible. Something unforgivable.

**Now she wants to destroy you.**

Only two other people in the whole world know Jo's secret. And they would never tell anyone. Would they? As a fierce winter brings London to a standstill, Jo begins to understand that the Assistant on the shelf doesn't just want to control Jo; it wants to destroy her.

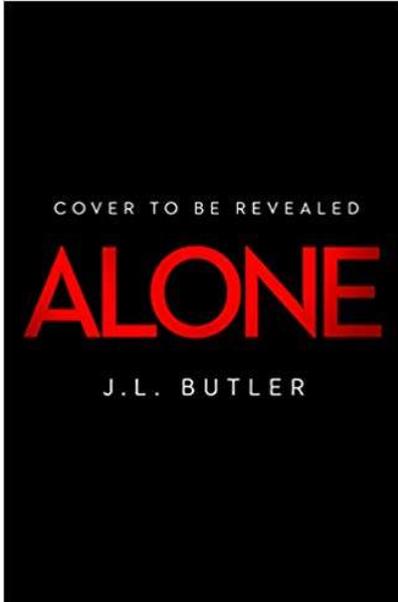
"This novel will grab you on the first page and not let go until the last—and, in my case, not even then. Not many books continue to haunt after you've finished reading, but author Tremayne has managed to craft one that does just that. Stylish and perfectly paced, *The Assistant* is virtually a one-sitting read." **JEFFERY DEAVER**

"Terrifying believable and utterly, utterly gripping. One of my top reads of the year" **LISA JEWELL**

**SK TREMAYNE** is the pseudonym for British writer and journalist Sean Thomas. As a journalist he has written for the *Times*, the *Daily Mail*, the *Sunday Times*, and the *Guardian*. In 2013 he became a blogger and commentator for the *Daily Telegraph* in the UK.

**ALONE**

J.L. Butler

**UK Publisher:** Harper**UK Editor:** Kimberley Young**Pub Date:** June 2020**Extent:** 400**On behalf of Eugenie Furniss  
at 42**

Readers were gripped by J.L. Butler's debut *MINE*:

**'A gripping, thrill-a-minute ride through**

**London's dark side'** *Erin Kelly*

**'Gripping, intelligent, thrilling'** *Adele Parks*

**'Intelligently written. Compulsive. I defy you to put this down.'** *Jane Corry*

**The author of *Mine* cranks things up another notch...**

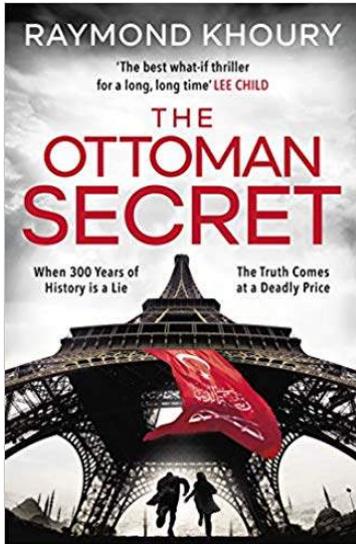
*McMafia* meets *Fatal Attraction* in this psychological thriller. With her husband busy developing the property of his career, and her daughter packed away to university, Rachel Reeves' empty-nest syndrome hits her hard. After a one-night stand with her college sweetheart, her life is turned upside down by an increasingly threatening stalker.



**J.L. BUTLER** is the pseudonym for Sunday Times bestseller, Tasmina Perry. She trained as a lawyer and journalist. She lives in London with her husband and son.

**THE OTTOMAN SECRET**

Raymond Khoury

**UK Publisher:** Michael Joseph**UK Editor:** Rowland White**Pub Date:** May 2019**Extent:** 576**Rights Sold:**

France: Presses de la Cite

Greece: Enalios

Poland: Sonia Draga

US: Tor/Forge

**On behalf of Eugenie Furniss  
at 42****Paris 2017. The Ottoman Empire has ruled Europe for over 300 years.**

As a respected special investigator for the state police, Kamal Agha is committed to keeping the empire safe from threats inside and out. But these are dangerous times. Under the sultan's autocratic regime, no one is beyond suspicion.

When a naked man covered in tattoos appears on the banks of the Seine and murders a passerby, Kamal is tasked with tracking him down. But asking too many questions can be a highly risky endeavour - especially when the mysterious man's trail leads Kamal to a secret buried deep in the empire's past, a secret that goes to the very core of the empire's success. A secret the sultan and his security services will do anything to silence.

Kamal is forced to question his own loyalty when his own family attracts unwelcome attention from the security services. Soon, he has no choice but to flee. But on the run from the all-seeing organisation where he built his reputation, can he save himself and his family?

And, if he does, what might that mean for the existence of the Empire itself? Its past, its present and its future ...

**Praise for THE OTTOMAN SECRET:**

'The best what-if thriller for a long, long time' LEE CHILD

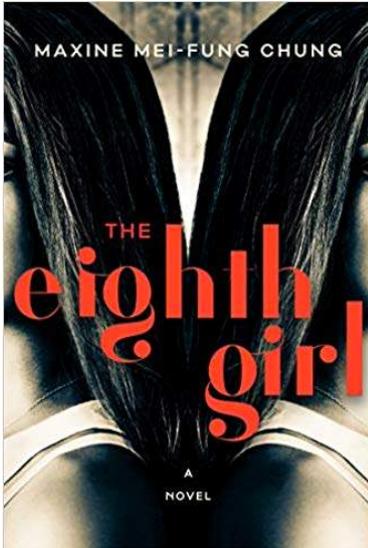
'An alternative history tale that will blow your mind. A story strung along the centuries that is thoroughly engrossing and one you will long remember' DAVID BALDACCI

**RAYMOND KHOURY** is the Sunday Times bestselling author of six thrillers, starting with his debut novel, *THE LAST TEMPLAR*. Raymond came to writing thrillers from a career in screenwriting, which includes the BAFTA award winning BBC series *Spooks* and *Waking The Dead*.



## THE EIGHTH GIRL

Maxine Mei-Fung Chung



***One woman, multiple personas. But which one is telling the truth?***

Alexa Wú nearly has her life together: a new relationship, a job that pays the bills, and a promising interview for a photojournalism position. But, it's complicated. Alexa is manipulated by a series of alternate personas that run her life, and it's a constant struggle to keep her other "selves" in check, to prevent them from coming out when it's not safe, to make sure no one is aware they exist - except for the three people she trusts: her psychiatrist; her stepmother; and her enigmatic best friend Ella.

**US Publisher:** William Morrow

**US Editor:** Liz Stein

**Pub Date:** March 2020

**Extent:** 480

**Rights Sold:**

Russia: Eksmo

TV/Film: Netflix

**On behalf of Eugenie Furniss  
at 42**

When Ella gets a job at a high-end gentlemen's club, she catches the attention of its shark-like owner and is gradually drawn into his inner circle. As Alexa's world becomes intimately entangled with Ella's, she soon finds herself the unwitting keeper of a nightmarish secret. With no one to turn to and lives at stake, she follows Ella into London's cruel underbelly on a daring rescue mission. Vulnerable and in danger, Alexa will discover whether her multiple personalities are her greatest asset, or her deadliest obstacle.

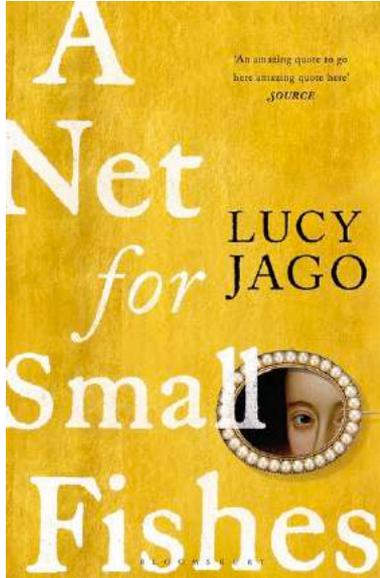
Electrifying and breathlessly compulsive, *The Eighth Girl* is an omnivorous examination of life with mental illness and the coruscating trauma of life in a misogynist world. With bingeable prose and a clinician's expertise, Maxine Mei Chung's psychological debut deftly navigates the swirling confluence of identity, innocence, and the impossible fracturing weights that young women are forced to carry, causing us to question: Does the truth lead to self-discovery, or self-destruction?

**MAXINE MEI CHUNG** is a psychoanalytic psychotherapist and clinical supervisor. With degrees in the arts, she worked as a Creative Director for ten years at Condé Nast, *The Sunday Times* and *The Times*. She lives in London with her son. *The Eighth Girl* is her first novel.



## A NET FOR SMALL FISHES

Lucy Jago



**UK Publisher:** Bloomsbury

**UK Editor:** Alexandra Pringle

**Pub Date:** Spring 2021

**Extent:** tbc

**Rights Sold:**

US: Flatiron Books

**On behalf of Eugenie Furniss  
at 42**

Based on the true story of the scandal that rocked the court of James I, *A Net For Small Fishes* explores the consequences of the unlikely friendship between society dressmaker, Anne Turner, and Frankie, Duchess of Somerset, the 17th Century's answer to *Thelma and Louise*.

Despite her relatively lowly place on the fringes of court society, Anne and Frankie become the closest of friends. Bound by a fearless approach to life, they are prepared to defy convention in the pursuit of happier lives. In a time when necromancers and wise women abounded, they also had no qualms about drawing supernatural forces to further their own ends. For a while, it seemed each time they rolled the dice, they were rewarded, but as the stakes get higher, things take a darker turn. In order to escape a cruel and sadistic husband, Frankie becomes convinced that murder is her only way out. How far is Anne prepared to go in the cause of the sisterhood? Her friendship is to be put to the ultimate test.

Utterly transporting, and told with a wonderful eye for detail, *A Net For Small Fishes* is a remarkable tale, made all the more powerful for being based in truth.

Lucy Jago trained in history of art at the Courtauld Institute, then produced documentaries for the BBC before turning her hand to writing. She is the author of three books; a biography of the Norwegian scientist, Kirstan Birkland, *The Northern Lights* (Hamish Hamilton); TV tie in *Regency House Party* (Sphere); and a children's novel set in the Elizabethan era, *Montacute House* (Bloomsbury Children's). *A Net For Small Fishes* is her first foray into adult fiction.



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